

Devon Local Medical Committee

Newsletter Issue No 81

March 2008

Devon
for
NEWS
LMC
NEWS
Devon

A Word from the Chairman - Extended Hours

We all now know the results of the GPC opinion poll which shows that 92% of us have chosen Imposition A over Imposition B!

I now see many practices rushing to set up Extended Hours from 1st April 2008 and I think that's madness and a period of reflection would prove worthwhile.

We need to look at the costs of actually running a service and how much we would get back and the personal commitment that each GP would have to give to satisfy the DES. At the moment we don't know the precise details of the DES because it has not been published.

It may be better to explore a LES with the various PCOs across Devon as it may give a better service for all patients, at less of a personal cost to GPs and their families. The human resource issues of asking your staff to work extra are vast and Extended Hours will have to be done in a proper manner. We should also remember they too have family lives and a major reason why they joined our staff was they like the hours.

We should all talk to our partners, our Practice Managers and our neighbouring practices in the locality before jumping into something we may later regret.

Charlie Daniels - Devon LMC Chair

Chief Officer's Corner

Charlie wrote the piece above before going on holiday "on the piste". (*Are you sure that is spelled correctly? Ed.*) That is sensible advice (going on holiday that is) as GPs and their team members are going to need to be in fine fettle for the fun and games that will ensue over the next year or two. Both "impositions" were appalling but A was slightly less so than B. The GPC Poll gave a resounding thumbs down to the Government and their bullying tactics but one would scarcely know that from the media response when, at best, the facts were buried on P.17! I sincerely hope that the Editor of the Daily Mail gets his Peerage from Gordon Brown, but only in his Retirement Honours List – and the sooner the better!

We must continue to help our patients understand the dangers faced by traditional General Practice and to point out the risks run by everybody if we allow Primary Care to become just another profit centre for big business. Nobody will truly recognise the difference between a caring service run by professionals who have patients as their highest priority and the business service run by people whose first responsibility is to their shareholders until the former has been destroyed. GPC (through LMCs) will continue to put out material that practices can adjust to suit their own patients but some of the best things I have seen have been written and produced by practices on their own. Keep up the good work and please send me a copy of whatever you do.

Enhanced Services

Practices in the Devon PCT area will (or have already) receive two letters from Mark Sanford-Wood outlining the agreements reached in negotiations between the LMC and the Devon PCT. I will therefore not go into detail but essentially there will be a continuing LES for Choose & Book with the previous funding uplifted by 1.5% to replace the DES and all those enhanced

services that continue will also be uplifted by 1.5%. The PBC DES is replaced by a PBC Incentive Scheme with an uplift of 12%. In combination this gives an overall uplift in funding for the combined services of 2.7%. Extended hours discussions go well and we have agreed that as the DES will not commence on 1st April the full funding (£3.15 per patient unless the PCT is ordered otherwise by DH) will be paid over the months that the scheme is in operation. If it starts on 1st July, for example, the funding will come as 1/9th of the total per month.

In Torbay the enhanced services funds will be uplifted by 2.3% as the secondary care budget will be. We are in ongoing discussion about all these including the extended hours question and the LMC is hosting a meeting between the CT and GP Practices this evening (as I type) on extended hours.

In Plymouth extended hours may start only after the report of the next Patient Experience Survey which comes in May. In discussion it is currently the intention of both the tPCT and the LMC that no funding will be lost to General Practice because of the delayed start. There is a history of keeping funds within General Practice that I know neither "side" wishes to change so if there is a delay we will look to use the funds to increase payments to enhanced services fees by pay inflation which may be approximately 2.5%. We continue to work to finalise some new enhanced services including, for example, tissue viability. More news as it becomes available.

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Pensions – a Great Result for GPs

Mr Justice Mitting is my latest hero! He has ruled Patricia Hewitt's action in unilaterally changing the agreement on Pensions as unlawful **and** awarded costs to the BMA! The Government will probably appeal – but never to me! This is great news for recently retired colleagues and those approaching retirement. Full details are on Devon Voice and the LMC website.

Sarah Hale - Executive Officer

Partnership Agreements – Signed or Not?!?

This is an age old issue and one that has been mentioned a number of times in the past. I cannot emphasize enough how important it is to have -

- a. a robust and detailed partnership agreement
- b. the agreement SIGNED and DATED by all concerned
- c. an updated agreement when there is a change in practice partners



All too often this is a piece of work that is allowed to be put to one side as 'it will never happen to us' - 'we all get on so well' and on the whole, yes you do! However especially in times of turmoil, when there is uncertainty with the NHS, what has been seen as a minor problem suddenly becomes an issue that is unbearable and out of control.

Over the last few weeks, there have been a number of pastoral care issues where, had such a document been in place, the levels of anxiety and stress for all involved could have been reduced. That is not to say that it would have solved any disputes, but at the very least it provides you with a protected process that you have all signed up to and that can be worked through – either on your own or with support from us.

Debbie Galbraith - Executive Officer

TRaC - This is the Treatment and Choice Project launch that I attended in Torbay.

It appears to be running alongside Choose and Book and run through PBC. The presentation talked of:

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|---|---|
| <ul style="list-style-type: none"> • Patient pathways and map of medicine in order to improve patient care • Choice of treatment for GP and patient • Ease of choice through booking system • Choice of time and type of care | <ul style="list-style-type: none"> • Choice of carer where appropriate • Access to information • Localised map of medicine through C&B • Right Care. Right Place. Right Time. |
|---|---|

This is just part of some of the slides presented to Torbay last week. It is intended to be presented to Devon Practice Managers at the PBC meeting next week. More details will follow.

Bail Hostels

A Bail Hostel opened (without local GP knowledge) in Willand. After communications with the commissioner of the service and the subsequent withdrawal by the landlord of the property (after pressure from local residents) the hostel will be removed from Willand in 90 days. We will be informed of the whereabouts of the bail persons when a new property has been found. We felt that this was unacceptable without being able to inform local practices of possible violent patients, some with illicit drug use.

We will keep you updated.

BMA Services Update - The NHS Pension Scheme Review

As you will no doubt be aware the 1st April 2008 sees the changes to the NHS Pension Scheme come into force after significant negotiation between the Government, NHS employers the BMA and other NHS trade unions.

There is a popular misconception that the current scheme will be abolished and will be replaced by two new schemes, one for existing members and one for new joiners. This is not the case.

The existing scheme will remain in place for all members who join before 31st March 2008 but a number of enhancements will be adopted from that date.

Any new member after this date will automatically join the new scheme with the most significant difference between the two being a normal retirement age of 65 as opposed to 60.

The four most widely discussed changes are:-

- the increase in potential retirement age
- the increase contribution rate for most members

- the option to take additional tax free cash on retirement
- the withdrawal of added years.

There are however numerous other changes all of which can have an impact on your financial planning. The option to remain in the existing scheme or transfer to the new scheme is a non reversible decision which should not be taken lightly.

Should you require individual advice or indeed feel you and your colleagues would benefit from a detailed presentation on the benefits of both schemes then BMA Services can help.

It is also important to remember that retirement planning, whether you are just starting or just finishing your career, is not just about your NHS Pension, although it is likely to underpin the majority of your financial arrangements. It is not all encompassing and can be complemented with other forms of private arrangement or investments where appropriate.



If you would like to discuss the NHS Pension Scheme changes and how they affect you BMA Services recommends AWD Chase de Vere who can offer you expert independent financial advice. Please call BMA Services on 0845 609 2008 (please quote E0708).

BMA Services is a trading name and trademark of the British Medical Association. The British Medical Association is an introducer appointed representative of AWD Chase de Vere Wealth Management Ltd and AWD Moneyextra Ltd, who are independent financial advisers authorised and regulated by

the Financial Services Authority, licensed to use the BMA Services trademark and trading name. AWD Chase de Vere is a trading name of AWD Chase de Vere Wealth Management Ltd and AWD Moneyextra Ltd.

Please note that your local BMA Services advisers are:

- David Watts (for TQ and PL based practices) Tel 07894 619807, email david.watts@awdplc.com
- Paul Gardiner (for EX based practices) Tel 07875 484838, email paul.gardiner@awdplc.com

Comings & Goings –

Welcome

- Sharon Morgan, Practice Manager, St Lukes Surgery
- Sarah Williams, Practice Manager, Wembury Surgery
- Dr William Nolan, Withycombe Lodge Surgery
- Dr Jenny Corser, Dawlish Medical Group

Goodbye

- Dr Alan Fitter, Chilcote Surgery
- Dr Alison Shellock, Dawlish Medical Group
- Dr Henry Slomka, Withycombe Lodge Surgery on 31st March 2008
- Dr Rose Weersink, Mount Pleasant is moving back to the Netherlands
- Sharon Hunt, Practice Manager, St Lukes Surgery

Available for Work....

Dr Jonathan Hunt

Professional, reliable, and friendly service
Locum looking for long or short term work
Available in the Torbay, Exeter, and Plymouth Areas
Based in Dartington, Totnes
Locum experience in Torbay and Bournemouth
Available at short notice - CV and rates available on request
Please contact me on the details below if you require a locum
Email: jonathanhunt@doctors.org.uk Tel 07855 965666

Dr Jacqueline Harris MBChB MRCGP DCH DRCOG DTM&H

Just returned from 4 months working in West Africa and available at short notice.
Finished Plymouth VTS in February 07 with distinction in MRCGP
Previous locum experience in Plymouth practices
For CV and further info contact me on
jacqueline.harris@doctors.org.uk
Or on 07786 960218 -- 01752 766702

Dr Ericka Good MBChB, DCH, MRCGP

Hard-working, confident, reliable and friendly GP.
Finished Torbay VTS in March 2007
Now available for short or long-term locum work in the Torbay and Teignbridge areas.
Proficient with EMIS, Vision and Microtest.
CV available on request.
Please contact me on: 07720892351
or e-mail: ericka_good@hotmail.com

Dr Carl Bracey MRCGP MBChB Bpharm (hons) MRPS DFFP

Qualified Feb 2007 from the Exeter VTS scheme - Available for locum work, long or short term across Devon.
Enthusiastic, recently qualified GP, modern patient centred consultation style. 8 years experience as senior pharmacist prior to studying medicine. Clinical interest: mental health, substance abuse, medicine management.
Familiar with - synergy, EMIS, vision, Microtest, ESP.
Based in Exeter. Contact – Telephone 07767 395946,
email drcarlobracey@live.co.uk

Dr David Newman

Recently retired GP aged 55 now living near Dartmouth and looking for work in the Plymouth or South Hams area. Previously worked as a GP in Leicestershire for 24 years and 4 years latterly as a GP in Corby as leading a Substance Misuse Clinic.
If you require a locum or GPwSI in substance misuse please contact me on 01803 712833 or at drdavidjnewman@tiscalli.co.uk

Dr Helen Price MBChB DRCOG MRCGP

Available at short notice for locum work throughout Devon
GP Registrar at South Brent until Feb '08
For CV, rates and further information please contact me at
helenprice73@hotmail.com
or call me on 07875 107121

Dr Nick Cartmell MA (Cantab), BM BCh (Oxon), MRCGP(UK), DFFP

Other training: ATLS 2004, PRIME 2005 - GP VTS: Banbury, Oxfordshire, 00-01 nick.cartmell@fonant.co.uk
I have worked as a GP locum or Salaried GP in Oxfordshire, Derbyshire, Bristol and New Zealand (remote rural practices, hence the PRIME training, and Wellington). Some of these postings were to single-handed practices including one dispensing in Derbyshire (for 2 years). I am interested in ENT and Dermatology and have Minor Ops experience (the Banbury VTS included 3 months' Dermatology/Derm Surgery). I am also interested in chronic disease management, especially Cardiology and Diabetes, with multiple drug management and avoidance of polypharmacy. Although currently living and working in New Zealand my wife and I are returning to the UK permanently in June 2008 (our flights are booked!). From then on I am keen to find work in Devon (where my wife has her roots) with a view to long-term Salaried or Partnership. I remain fully registered with the GMC and on a Medical Performer's List in the UK. My New Zealand MPS indemnity policy will be transferred to the UK so there should be minimal delay to my starting work once we arrive in the UK on June 20th 2008.

Vacancies

Wanted Locum GP to cover Maternity leave

An enthusiastic locum is invited to come and join Chiddenbrook Surgery's friendly and supportive team. The vacancy has arisen specifically to cover a 9 month period of Maternity leave. The cover required is: 6 sessions per week (Monday, Tuesday and Thursday preferred)

The period of Maternity leave starts 2nd June 2008, and runs through to 27th February 2009

Chiddenbrook cares for a Practice population of over 7000 patients in and around the Crediton area. We are committed to a high quality of care. For more details please send a CV to Richard Ward, Practice Manager at Richard.ward3@nhs.net

or for an informal discussion contact Dr Jan Shorney on 01363 772227

<p>Budleigh Salterton HC 1 The Lawn Budleigh Salterton Ex9 6LS</p>	<p>Practice Nurse – Budleigh Salterton</p> <ul style="list-style-type: none"> • Required 1 - 2 days a week • Diabetes experience preferred • Role to include Chronic Disease Management • Grade/Salary according to experience • Informal visits and enquiries very welcome • Please apply with CV and letter of application to the Practice Manager
<p>Chilcote Surgery Dewerstone Practice Hampton Avenue Torquay TQ1 3LA</p>	<p>Salaried GP required at Chilcote Surgery</p> <ul style="list-style-type: none"> • Chilcote Surgery has 10,600 patients and 5 full-time partners • We are seeking a salaried GP to work 8 sessions per week in our friendly practice. • The contract will be for up to 12 months, until a decision is made regarding the permanent replacement of a full-time partner. • Please contact Sue Finch on tel. 01803 317354 or sue.finch@nhs.net for more details and/or an application form. Closing date is Friday 4th April 2008
<p>North Tawton Medical Practice Devonshire House North Tawton Devon EX20 2EX</p>	<p>Salaried GP required at North Tawton Medical Practice</p> <ul style="list-style-type: none"> • North Tawton Medical Practice require a salaried partner to work 6-8 sessions per week. • The practice runs from an old school building but has recently had approval for a new building. • The practice is a small rural practice with 2,350 patients in Mid Devon. It is run in conjunction with it's neighbouring practice Hatherleigh. The practice runs premier synergy computer software system and is committed to a high quality of care. • Remuneration according to experience and qualifications. <p>Please submit expressions of interest to Michelle Downie, Practice Manager michelle.downie@nhs.net</p>
<p>Honiton Group Practice Barber Partnership Marlpits Lane Honiton EX14 2NY</p>	<p>Minimum of 3 months GP Locum Required</p> <ul style="list-style-type: none"> • 7 sessions per week, working in a 10 partner (7WTE) well organised market town practice. • Fully computerised. • Community hospital on same site with GP beds and MIU. • No out of hours commitment. • Please contact Sandy Wason, Practice Manager with your CV or for further information. • Start date hopefully in May 2008 - Closing date Friday 11th April, 2008
<p>Westbank Practice Church Street Starcross Exeter EX6 8PZ</p>	<p>Full Time Partner sought to replace retiring Senior Partner</p> <ul style="list-style-type: none"> • We are a 2 site Practice at Starcross and Exminster on the banks of the river Exe • PMS practice 7,329 patients. • 4 FT Partners + Retainer. • Training Practice • A defined practice area committed to medicine in the Community. • Excellent Practice Team • Active Patient Group and strong links with the Westbank League of Friends. • Starting date 1st October 2008 • Applications in writing with current CV please to Mrs S George, Practice Manager • For further information visit our website at www.westbankpractice.com. • Closing Date 12th May 2008
<p>Ashburton Surgery 1 Eastern Road Ashburton TQ13 7AP</p>	<p>Locum(s) wanted June – September Ashburton Surgery</p> <ul style="list-style-type: none"> • Locum(s) cover required for various dates for 4 months commencing in June until newly appointed Associate/Partner commences in October • The Ashburton team cares for 6200 patients from purpose built premises in the market town of Ashburton on the southern edge of Dartmoor <p>For information on dates cover required please contact Ann Bailey, Practice Manager ann.bailey@nhs.net or Jill Little, Practice Administrator at jill.little@nhs.net or tel 01364 652440</p>

<p>Sid Valley Practice, Sidmouth Health Centre, Blackmore Drive, Sidmouth EX10 8ET</p>	<p>Sid Valley Practice Seeks: Associate (Salaried) GP to cover 5 sessions per week.</p> <ul style="list-style-type: none"> The post will involve providing all aspects of care for a list of patients of a retiring GP. <p>Locum GP to cover 5 sessions per week for approximately three months.</p> <p>This is a temporary post pending the appointment of a permanent Associate (Salaried) GP.</p> <ul style="list-style-type: none"> The post will involve providing all aspects of care for a list of patients Friendly, enthusiastic and progressive team which includes 11 GPs, 9 practice nurses, 6 health care assistants and 25 practice staff as well as attached staff. . We operate personal lists which we feel are essential to provide continuity of care. Sid Valley Practice achieved the RCGP Quality Practice Award in 2002 and achieves near maximum QOF points. We practice from 2 surgeries and a community hospital with in-patients as well as Minor Injury Unit. We use Vision as well as document management, making us "paper-light". The Practice teaches medical students from the Peninsular Medical School. Sidmouth is a beautiful Regency town of 14500 people on East Devon's spectacular "Jurassic Coast". The town offers excellent facilities with superb local schools and activities such as walking and beautiful beaches. We all enjoy General Practice and are enthusiastic about its future. For a great quality of life, come and work with us by the sea. For further information Telephone: 01395 512601 or visit www.siddoc.co.uk. To apply please send CV and 2 recent references to Rob Spargo, Practice Manager. Closing date Wednesday 9th April 2008.
<p>Old Bridge Surgery - Partnership Opportunity In Attractive Cornish Location</p> <p>This is a chance to work in possibly the loveliest surgery location in the country, near the beach.</p> <p>A reorganisation means that Old Bridge Surgery requires a new part-time partner working 2 days per week (4 sessions). We achieve high standards of patient care and QoF achievement and want to continue with the surgery's development. With a list size of 9,800 patients and 2,000 holidaymakers per annum to care for, we are a busy GMS Practice, operating from our main site in Looe and 2 nearby part-time branch surgeries (one of which has an on-site dispensary). Our clinical system is Microtest, which enables the practice to run paper-lite. The Practice has a Nurse Practitioner working successfully with the existing team of nurses and Health Care Assistants.</p> <p>There are also on-site community staff, including a Community Matron.</p> <p>We are ideally looking for someone to start in May 2008, but we are willing to wait for the right person. That person will be an enthusiastic team worker and have a good sense of humour to fit in with the current partners who like to achieve a good work/life balance.</p> <p>For further information and a Practice profile, please write to Ron Dutton, Practice Manager, Old Bridge Surgery, East Looe, Cornwall PL13 1HA telephone 01503 266965. Closing date for applications is 31 March 2008</p>	

Wanted - Musical Medics

Dear All

We are planning to set up a Peninsula Doctors Orchestra. An inaugural venture is proposed consisting of a weekend of rehearsals in Plymouth on 11-12 October 2008, the culmination of which will be a Sunday evening concert. Simon Ible, Director of Music, Peninsula Arts and Conductor of the Ten Tors Orchestra, has agreed to act as Artistic Director. Money from ticket sales can be given to a medical charity.

Parts will be sent out in advance to enable complete familiarisation with the music prior to rehearsals.

For further details, or to register to play, please go to www.peninsuladoctorsorchestra.org.uk/

Ruth Ayling and Nicola Su



For Sale - Toshiba Strata Digital Telephone System

System supplied by South West Telecom and replaced whilst all in working order - 26 Telephones plus switchboard - Buyer collects - Offers to:-

Practice Manager, Barnfield Hill Surgery, 12 Barnfield Hill, Exeter EX1 1SR - Telephone - 01392 432761

Conference Links - A full list is available on the PEAT Web Site

Conference - Safeguarding Children - A Contemporary View - 28 Mar '08 at Plymouth

- Link - <http://tinyurl.com/26zn3p>

1st Annual Plymouth Sports and Exercise (SEM) Medicine Meeting - 28 April '08

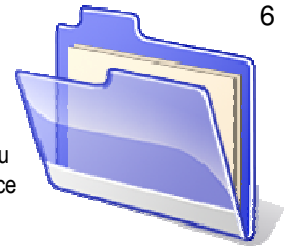
- Link - <http://tinyurl.com/36aqth>

8th Plymouth Symposium on Obesity, Diabetes and the Metabolic Syndrome - 8 May '08 - Plymouth Medical Centre

- Link - <http://tinyurl.com/399j16>

Peninsula Primary Care Conference 2008 - St. Mellion Golf & Country Club - 13/14/15 May 2008

- Link - <http://tinyurl.com/2th7um>



The good, the bad and the ugly...

A round up of recent guidance and documents newly published on **Devon Voice**. URLs point to the web site, if you have any trouble downloading these or any previously mentioned papers please call John Baker at the LMC Office or email john@devonlmc.org

BMA announces GP poll results - 06 Mar 08

Faced with two unsatisfactory options for extended hours, the UK's GPs have selected the proposal which they believe poses the lesser risk to patient care. Over nine in ten (92%) selected Option A over Option B1 - the only two alternatives the government had allowed. The vast majority (96%), although opposed to both options, selected A because they believe it is the less worse of the two.

Over 27,000 GPs responded to the BMA poll, which comes after the government refused to accept a BMA proposal on extended hours in December 2007. The government then gave the BMA's GP Committee (GPC) the choice of two non-negotiated options and the BMA decided to poll the profession.

- Link – <http://tinyurl.com/2qkze7>

BMA - Landmark ruling for BMA - Association wins case over GPs' pensions - 13 Mar 08

Extract - In a landmark judgment, the British Medical Association (BMA) has won its case against the government's action in renegeing on its decision on how GPs pensions would be calculated from the years 2004 - 06. In a Judicial Review, High Court Judge Mr Justice Mitting has decided that the government behaved unlawfully in 2006 when the Secretary of State for Health retrospectively introduced a limit on the amount retiring GPs could receive in their NHS pensions.

- Link – <http://tinyurl.com/yrvwntv>

NAO - NHS Pay Modernisation: New contracts for general practice services in England - 28 Feb 08

Extract - The new contract for general practice has contributed to improved recruitment and retention of GPs, with numbers increasing from 26,833 to 30,931 since 2003. However, according to a report out today by the National Audit Office, the contract has cost the Department £1.76 billion more than it originally budgeted for.

Today's report found that, in the first two years of the contract, productivity has fallen by an average of 2.5 per cent per year. GPs are working on average seven hours less per week than in 1992, partly because of the removal of the responsibility for out of hours care. While the number of consultations with patients has increased, these are not in proportion with the increase in costs. Primary Care Trusts' spending on GP services has however now started to level off.

- Link – <http://tinyurl.com/3ajloq>

Short Links – Headlines only (sorted in date order)...

DH - Best practice guidance for joint working between the NHS and the pharmaceutical industry - 1 Feb 08

- Link <http://tinyurl.com/yq9z4h>

BMA response to the Health Secretary's letter to all GPs - 04 Feb '08

- Link - <http://tinyurl.com/2355sg>

DH - New study of MMR vaccine finds no link to autism - 5 Feb '08

- Link - <http://tinyurl.com/ytokwh>

More confusion for international doctors, says BMA - 06 Feb 08

- Link - <http://tinyurl.com/2g2twa>

BMA - Government has put GPs in an impossible position - 08 Feb '08

- Link - <http://tinyurl.com/yqp58q>

Audit Commission - Key NHS reform successfully implemented but needs to develop to achieve more for patients - 14 Feb '08

- Link - <http://tinyurl.com/34jdum>

DH - Response to the independent inquiry into Modernising Medical Careers - 28 Feb '08

- Link – <http://tinyurl.com/2q4csv>

RCGP response to the NAO report into contracts for general practice services in England

- Link – <http://tinyurl.com/2m52ua>

BMA - Patients are benefiting from the new GP contract - 28 Feb 08

- Link – <http://tinyurl.com/34yzdw>

BMA - Tax hike on booze is the right way forward, say doctors - 12 Mar 08

- Link – <http://tinyurl.com/yq2wz8>

BMA launches campaign to safeguard medical training - 13 Mar 08

- Link – <http://tinyurl.com/2qwhhr>

BMA calls on ministers to take urgent action on prison drug crisis - 17 Mar 08

- Link – <http://tinyurl.com/2za5gs>

BMA warns of loss of patient voice - 14 Mar 08

- Link – <http://tinyurl.com/26ukps>

New Staff Member at the LMC

I am pleased to announce that Anita Nathwani has recently joined us full time as part of the admin team at the LMC Secretariat. Anita brings a wealth of experience with her to the office, she can be contacted directly on anita@devonlmc.org – Janice has recently been seconded to PEAT as their administrator and she will be working with them for 3 days per week (M/T/W) but will continue to work with the secretariat team on Thursday and Fridays..

Matters being advertised within the Devon LMC Newsletter must not be assumed to be approved or endorsed by the Devon LMC.