

# Devon Local Medical Committees

Newsletter Issue No 28

January-February 2003



## Chief Officer's Corner

### THE NEW GMS CONTRACT – Report from Charlie Daniels

After the last minute postponement of the launch of the proposed new GMS contract the day after the last edition of LMC News was sent to you the LMC office got stuck into making new arrangements. Charlie Daniels went to London to hear the GPC's report on what had happened and what the change in timetables would mean and we enclose one copy of his report for each practice. The report can also be found on [www.devonlmc.org](http://www.devonlmc.org) along with many other goodies! The two new dates for GPC presentations to Devon (and Cornwall) GPs are Friday 14<sup>th</sup> and Tuesday 18<sup>th</sup> March at St Mellion and Tiverton respectively. Details will be found at the back of this edition.

**Other news** - I am delighted that our two new Lay Executive Officers have joined the team and they are absorbing knowledge like a pair of natural sponges! They will introduce themselves to you later in this edition. (My wife says I am more of a Gandalf type. Is that an insult?)

## IN THIS ISSUE :

Peninsula Medical School.....	1
Executive Officer North and East Devon .....	2
Executive Officer South and West Devon.....	3
Migraine Patients .....	4
Vacancies.....	4
Conferences, Courses and Information.....	8
Summer Ball.....	9
Proposed GP Contract Presentation Dates .....	10

## Peninsula Medical School

The Peninsula Medical School is now well into its second term and the community has been closely and successfully involved from the outset. We are most grateful to the practices in Plymouth and Exeter who have so enthusiastically hosted our first cohort of 130 students on Phase One. Next year we expect an intake of around 160 students and by Autumn 2004 there will be around 60 students starting Phase Two in each of the three sites in Truro, Plymouth and Exeter.

We are now actively **recruiting practices** to accommodate students in Phase Two, starting in September 2004. We envisage that pairs of students will need to spend half a day a week, or a whole day a fortnight, in practice for 24 weeks a year. The aim is for them to get to know you and your team and to have as much experience of seeing, interviewing and examining patients as possible.

A number of you have already responded to **questionnaires** from us about involvement but we are still looking for more placement opportunities. A further round of letters will be sent to you in the next few weeks, and we would be most grateful for your prompt response. If you don't wish to wait for the letter, or want more information please contact us through [Jane.Housley-Jeive@pms.ac.uk](mailto:Jane.Housley-Jeive@pms.ac.uk) (Tel: 01752 764297).

We look forward to hearing from you. Best wishes for the New Year.

### The Community Clinical Sub Deans

Steve Watkins – Cornwall  
Neville Devonport – Plymouth  
David Leeder – Exeter

[Stephen.Watkins@pms.ac.uk](mailto:Stephen.Watkins@pms.ac.uk)  
[Neville.Devonport@pms.ac.uk](mailto:Neville.Devonport@pms.ac.uk)  
[David.Leeder@pms.ac.uk](mailto:David.Leeder@pms.ac.uk)

Devon  
LMC  
News



**Nicola Heywood**  
**Executive Officer covering North and East Devon**

For someone who is normally very talkative, I am finding the opportunity to write about myself rather difficult! So I think I'll resort to a schoolgirl trick of writing very neat and large and hope John and Peter are too busy to notice; when I was at school our books didn't have word count functions thank goodness.

I started my career with 14 years in International Banking courtesy of Barclays, which saw me working in various European countries, managing some £4bn of country risk, analysing strategic plans and presenting board papers, getting various bank departments to co-ordinate their services in order to deliver products to corporate clients and negotiating with other banks and corporates (to name a few tasks vaguely relevant to my new post). I moved to Devon from London for a quiet life in 1995, arriving at sunrise one October morning in my overloaded Hudon'tgo. It was rather a Thelma and Louise type experience but instead of crashing through a big poster, I was launched into Fundholding at Ashburton.

I have the doctors and Richard Mitchell at Ashburton to thank for my initiation into General Practice and for giving me an excellent template to follow. The experience of working with other managers in the Torbay/Teignbridge area on Fundholding was also very valuable. In 1998 I moved to Mid Devon as a Practice Manager and gained experience in the challenges of managing a larger practice at Cullompton, although in many respects it was really four smaller practices. During this time I also worked with practice managers in Mid Devon, part of the time as Chair of the Group, to share knowledge and develop our skills.

In order to keep up the appearance of enjoying a quieter life in General Practice than in banking, I have taken up clog Morris dancing and the folk scene. We are looking for male clog dancers so if you fancy trying a new way of relaxing, give me a call! I find the rant step very therapeutic in squashing problems. I also sail when I get the opportunity and make an excellent addition to the crew for those of you lucky enough to own boats, particularly if you need someone with a lot of experience in recovering aground situations – this skill was acquired while racing in the Solent and offshore with Barclays! I also speak several European languages, which should be useful if we have to recruit further afield in future! I have a dog and live on a farm near Moretonhampstead. My family and friends are not fooled by this ploy however and keep trying to persuade me to take up writing or politics...

We have lots to moan about in General Practice but the most attractive element which keeps me involved and committed (perhaps I should be) is the fact that everyone on the Practice team can make a difference to people's lives. I look forward to being able to concentrate more time on the strategic issues facing General Practice, and in particular the LMC members, in my new role as Executive Officer. I will principally be covering the PCTs in N&E Devon and liaising with the LMCs for those PCTs. I have a particular interest in Risk Management (it's the banker in me) in its widest sense, and the development of practice management. I would welcome the opportunity to hear of any concerns you might have in these areas but also any other that you feel the LMC should address on your behalf.

Oh finally my political interests? Damage limitation and cynicism. Ps I've graduated to a girlie Peugeot 106 now and very disparaging remarks it seems to gather too! And the movie facing me now is Lord of the Rings, having survived Alien I, II and III! Good luck Frodo Jolliffe!



**Debbie Galbraith**  
**Executive Officer covering South and West Devon**

My responsibility will be liaison between the LMC office and the PCT groups in South & West Devon bringing together and improving the already excellent relationships.

I am Debbie Galbraith married with two children, George and Emma who are 9 and 6. My husband is a Police Inspector currently working in Exeter.

My working career has been varied from aged 17; don't ask how long ago that was! I began work as secretarial support in a solicitor's office working up to Regional Sales Manager at a Bristol based newspaper.

I moved to Devon in 1990 and worked for a marketing company, I then moved back into management with the Brook Street Bureau.

After a spell in the financial sector and being a mother to pre school children I became Deputy Practice Manager at College Surgery, Cullompton where I learned the art of working under pressure and began to understand the demands of a busy practice. It was whilst at College that I was introduced to the Medical Reps who as you all know frequently pass through the doors of the surgery.

In my two years at College I introduced new working practices to deliver the patients charter and developed new staff training and appraisal systems. It was an extremely rewarding place to work with many very committed and dedicated people. It is only after one has worked in a surgery can the pressures and demands be understood and I know that my experience there will help me in this new role.

Off to pastures new with Warner Lambert in Aug 1998 and following intensive training I embarked on my sales area to convince GP's of the benefits of my products.

I found being on the other side of the counter sometimes challenging but again this type of experience will help me enormously and allowed me to get to know many of you and for you also to know me.

So to many of you I am not a new face but a familiar one with a new role. I am fully aware of all the work you do and want to use my experience in a positive way to assist and support you.



I do know what it is like and how many demands are placed on you, I have seen it from both sides of the fence, I hope to meet as many of you as possible soon and begin a positive and rewarding working relationship.

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**Comings and Goings January 2003**

**Welcome to:**

- Dr Eleanor Rowe, Croft Hall Medical Practice
- Dr Josephine Herdman, Cheriton Bishop Surgery
- Dr Anna Dissevelt, Boutport Medical Practice
- Dr Alison Stapley, Bideford Medical Centre
- Dr Valerie Cartledge, Raleigh Surgery, Exmouth
- Dr Brian Bennett, Caen Medical Centre, Barnstaple
- Dr Elke Quinn, Westbank Practice, Starcross
- Dr Anne Francis, Warwick Practice, Ilfracombe

## Do you have Migraine Patients who are Excessive Users of Triptans?

The "Intermediate Care" Exeter PCT Headache Clinic has been running for over a year. Although we have been unable to obtain funding for direct referrals from other PCTs, we do have a separate stream of funding from a BMA/Migraine Trust Award to target patients who are over-using Triptans. This is usually a marker of poor control.



If you have any patients who are taking 70 or more Triptans a year and you would like to be seen in the Clinic, please write to me at:

Dr David Kernick  
St Thomas Health Centre  
Cowick Street  
EXETER  
EX4 1HJ  
Tel: 01392 676679

**Editor's Note – congratulations to David on his recent acquisition of yet more letters after his name – FRCGP to go with his MD...**

You may like a sample letter that we send to potential patients. We often find that patients are reluctant to seek help because they feel this Clinic is a mechanism to save costs and to take away their essential medication. In fact our experience is that it does save costs and their management is improved!

We also have funding from the same source if practices wish to audit their Triptan prescribing.



### GP Vacancy - Torquay, Devon

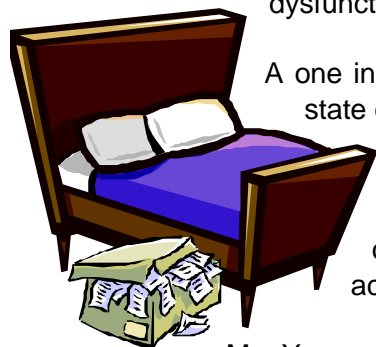
A lazy, full-time Partner is required to join a burnt-out team of five desperate partners in a backward-looking practice of 11,000 heartsinks from July 2003.



We are located in a dismal part of the country, with failing schools, zero culture, and miles from London. Partners' problems include alcohol abuse, female sexual dysfunction and financial impropriety.

A one in one out-of-hours rota. Well below average income. Notes, if made, kept in a state of the art shoebox under the bed of a partner's mistress.

Awful links with local "Murkton Moor" style DGH. If you share our grave concerns about this new confounded 1966 contract, and would like a more accurate practice profile, then please contact:



Mrs Yvonne Bagg (in name and nature), Chilcote Surgery, Dewerstone Practice, Hampton Avenue, St Marychurch, Torquay, TQ1 3LA. Tel: 01803 316333  
E-mail: yvonne.bagg@gp-l83111.nhs.uk

<b>Surgery</b>	<b>VACANCIES</b>
<p>Wembury Surgery 51 Hawthorn Drive Wembury Plymouth PL9 OBE Tel: 01752 862277 Email: <a href="mailto:Angela.treagust@gp-L83639.nhs.uk">Angela.treagust@gp-L83639.nhs.uk</a></p>	<p><b>NURSE PRACTITIONER (Grade H)</b> An exciting opportunity has arisen for a nurse practitioner to join the staff at this friendly semi-rural single-handed practice.</p> <p>The opportunity has arisen as a result of the retirement of the Practice Nurse and the practice becoming a 5<sup>th</sup> wave PMS pilot site from April 2003.</p> <p>The hours and salary are negotiable depending on experience and qualifications. Hours in the region of 20 to 27.</p> <p>Further details please phone Angela Treagust, Practice Manager.</p>
<p>Walnut Lodge Surgery Walnut Road Chelston Torquay TQ2 6HP Tel: 01803 605359 E-mail: <a href="mailto:jean.waring@gp-l83118.nhs.uk">jean.waring@gp-l83118.nhs.uk</a></p>	<p><b>PART-TIME REPLACEMENT DOCTOR</b> Required due to retirement. 4 sessions per week. Partnership, salaried, or flexible training scheme all considered. Salary £50,000 pro rata. On call optional (local co-op). Flexible start date.</p> <p>Friendly young team, of 3 existing Partners. Fully computerised training practice, with improved access, reaching higher targets. Approximately 5000 patients.</p> <p>Applications to Jean Waring, Practice Manager. Letter or email by 1 March 2003. Informal enquiries and visits welcome.</p>
<p>Highlands Health Centre Fore Street Ivybridge South Devon PL21 9AE Tel: 01752 897111</p>	<p><b>A PERMANENT HALF-TIME PARTNER IS REQUIRED FROM 1 JUNE 2003</b></p> <p>The senior partner, Dr Trevor Griffiths, is cutting back his commitment from full-time to half-time in order to pursue an MD Higher Degree. This 2 WTE practice has two other half-time partners, Dr Marian Langsford and Dr Gillian Bedford. The practice will enter the 5<sup>th</sup> wave PMS scheme in April and is fully computerised. The partnership and staff have a progressive attitude to clinical governance and NSF implementation. Co-operative out-of-hours cover via Plymdoc.</p> <p>Flexible working practices, with an innovative appointment system, ensures there is a balance between advanced access and protected time. There is scope to overlap personal specialist interests from within this stable, high quality, "small-is-beautiful" practice, interested in whole person medicine and illness prevention.</p> <p>Please apply with CV and names of two referees to Dr T Griffiths</p>
<p>The Axminster Medical Practice St Thomas Court Church Street Axminster EX13 5AG Tel: 01297 32126</p>	<p><b>GP RETAINER REQUIRED</b> 7 partners (6WTE), 10,000 patients, semi-rural, dispensing and training Practice with Community Hospital. Friendly progressive team.</p> <p><b>1-session per week</b> day to be negotiated Commence February/March 2003 Come and work with us!! Please send your application and CV to Mrs Shelah Martin, Practice Manager.</p>

<p>Haldon House Medical Practice 37-41 Imperial Road Exmouth EX8 1DQ Tel: 01395 222777</p>	<p style="text-align: center;"><b>RETAINER REQUIRED</b></p> <p>We are a small, friendly informal 3-partner practice in Exmouth Town Centre (list size approx 5,500). The practice premises are three converted terrace houses opposite Imperial Road Car Park on the Corner of Manchester Road very near the town centre.</p> <p>The practice is fully computerised (Torex Synergy Clinical system with Front desk appointments and Docman document management system)</p> <p>Our current retainer left us at the end of November to take up a partnership and we are looking for an enthusiastic person to join us working either 2 or 4 sessions.</p> <p>For further information, or if you would like to look round please contact Liz Hopkins – Practice Manager or any of the partners on 01395 272980 or visit our website <b>www.haldon-house.co.uk</b> Applications with C.V. and references to Liz Hopkins</p>
	<p style="text-align: center;"><b>GP RETAINER POST SOUGHT</b></p> <p>I am a keen experienced ex-GP Principal, relocated from Hertfordshire to Derriford, Plymouth. I am ideally looking for a Retainer post, but would also consider a salaried job or assistantship in the Plymouth area. I would like to work from mid June for 2 sessions initially, increasing to 4 if required.</p> <p>If you think you may have a suitable position in your practice please contact me, Dr Lisa Kelly, on 01752 249 568 or e-mail <b><a href="mailto:lisa_fkelly@hotmail.com">lisa_fkelly@hotmail.com</a></b></p>
	<p style="text-align: center;"><b>RETAINER POST WANTED</b></p> <p>for 4 sessions a week in the Exeter or East Devon area starting in May. Please contact Dr Fiona Stuart. Tel: 01822 614 863</p>
<p>Delph House Surgery 8 Pinhoe Road Exeter EX4 7HL Tel: 01392 425190</p>	<p style="text-align: center;"><b>GP RETAINER VACANCY</b></p> <p>To start March 2003. 3 Sessions per week. Friendly, small central Exeter Practice. Please contact Dr J Eggleton.</p>
<p>Coleridge Medical Centre Canaan Way Ottery St Mary Devon EX11 1EQ Tel: 01404 814447</p>	<p style="text-align: center;"><b>GP MATERNITY LOCUM</b></p> <p>Required from April to November 2003 To cover full-time female GP, working 8.5 sessions per week plus 1:8 Practice on-call rota Community Hospital with GP beds &amp; Minor Injuries unit Out-of-hours Co-op opportunities BMA rates apply If you are interested please send a CV For more information telephone Dr Kate Gurney or Mrs Anne Maher, Practice Manager.</p>

<p>Blackmore Health Centre Blackmore Drive Sidmouth Devon EX10 8ET Tel: 01395 512601</p>	<p><b>EXPERIENCED PRACTICE NURSE REQUIRED</b> To cover Maternity Leave starting January until mid September 2003. 21.5 hours per week preferable or job share considered. Application in writing, enclosing CV to The Office Manager, Mr Robert Spargo. Closing Date: 17 February 2003</p>
<p>The Health Centre Plymouth Road South Brent Devon TQ10 9HT Tel: 01364 72394</p>	<p><b>PART-TIME PRACTICE NURSE</b> Required for friendly, rural practice that wish to develop their practice team. The nurse appointed would be required to work 15 hours per week and undertake the full range of treatment room duties and responsibilities. Flexibility to increase hours to cover holiday, sickness and development within the practice is essential. Experience desirable but not essential as all appropriate training would be offered to the successful candidate. Good training and development opportunities. Salary Scale Grade E but could be negotiated according to qualifications and experience. Please send a written application with CV to: Jenny Alexander, Practice Manager. If you would like to visit the practice for an informal chat please contact either the Practice Nurse or Practice Manager. Closing Date: 5 February.</p>

#### ADVERTISEMENT FOR COURSE ORGANISER

A vacancy has arisen for a Course Organiser for the Plymouth GP Vocational Training Scheme

Candidates should be general practitioners and Members of the Royal College of General Practitioners. Fellowship by Assessment and/or an educational qualification will be an advantage.

The post will involve two notional sessions per week of three and a half hours and remuneration is currently at point four on the consultant clinical scale.

The successful applicant will be required to work with the previously appointed Course Organisers and GP Clinical Tutors and will be responsible to the Associate Director of GP Education.

A full job description may be obtained from Marguerite Luck, GP Specialty Support Manager, The Academic Centre, Frenchay Hospital, Frenchay Park Road, Bristol BS16 1LE. Tel: (0117) 9753925.

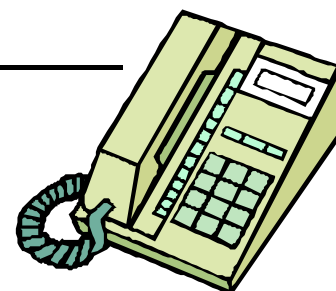
Applications, including a curriculum vitae and the names of two referees should be made not later than Friday, 7 February 2003 to Marguerite Luck, address as above.

Planned interview date is Tuesday, 25 February 2003.

## For Sale

**Panasonic KXT 616 Telephone System** equipped for 6 exchange lines and 16 either key or basic telephones. The system is all wired up and ready to use and is in good working condition.

If you are interested please contact: Wendy Jackson, Practice Administrator, Hill Barton Surgery, 1 Lower Hill Barton Road, Exeter EX1 3EN. Tel: 01392 444242.



## **Sex & CVD: all you need to know but haven't asked!**

**Friday 21 March**

**The Hartnoll Country House Hotel, Bolham, Nr Tiverton**

Speakers will include Dr Manish Gandhi & Dr John Dean

An exciting opportunity to learn about the latest innovations in the care of patients with cardiovascular disease, who are also experiencing sexual problems.

There will be an opportunity to take a practical look at some of the systems available to our patients.

THE COURSE IS FREE. PGEA applied for.

For further details please contact: Judy Jolliffe, Cardiac Rehab Coordinator, Cullompton Health Centre, Cullompton EX15 1EP. Tel: 01884 839472

## **The Bristol Vocational Training Scheme**

**THE SPRING TRAINERS CONFERENCE - 20<sup>th</sup> and 21<sup>st</sup> March 2003**

**The Avon Gorge Hotel, Bristol**

***"Making it or Faking it? –  
A Masterclass for Trainers"***

A lively and entertaining programme of:

Workshops

Presentations

Posters

Interactive discussion

Social adventure and much, much more....

Please apply for a place to:

[mandy.hall@sunderbury-sweet.nhs.uk](mailto:mandy.hall@sunderbury-sweet.nhs.uk)

## **Courses, Conferences and Information**

### **Gatehouse**

- **The National Service Framework for Older People – Contemporary Challenges**  
28 February 2003
- **Mental Health and the National Service Framework: Is the NHS delivering?**  
20 February 2003
- **Assessing and Managing Risk in Mental Health** - 31 January 2003/3 April 2003
- **Evidence-Based Mental Health Care** - 12 February 2003
- **Patient Empowerment in the NHS – Can Managers Deliver?** - 12 February 2003

## New Courses

**MBA with Distinction** - 19 March

**PRINCE2** - 26 March 2003

**Effective Communication Skills for Managers** - 25 March 2003

For further information on courses please contact:

Gatehouse Tel: 020 7347 3575 Fax: 020 7347 3578

## Devon and Exeter Medical Society

- **Friday 4 April**  
Junior Doctors' Forum: Devon & Exeter Medical Society Prize 2003
- **Tuesday 15 April**  
Herbal Medicine – Developing a Wildlife Garden – Dr Gavin Haig
- **Thursday 15 May**  
Northcott Lecture: Knife Edge: Life as a Special Forces Surgeon  
– Mr Richard Villar BSc MS FRCS, Consultant Orthopaedic Surgeon, Cambridge
- **Wednesday 11 June**  
The Pattern of Plague in 18<sup>th</sup> Century Devon  
– Dr Paul Fursdon MRCS, Retired General Practitioner
- **Saturday 12 July**  
Wildlife Garden & Musical Evening – Dr Gavin Haig

## Date For Your Diaries !! Midsummer Medical Ball Friday 20TH June

Following the success of last year's event this year's Ball will be held at  
Exeter Golf and Country Club  
The event is open to GPs, Consultants and Specialist Registrars

This year we will all be in the same room and the dancing will be to

### **BERTIE'S BIG BAND**

[A 20-piece band from Somerset]

Put the date in your diaries, buy a frock in the sales and slim down for your suits!

**Tickets sales to be advertised in April**

**[from the usual Culprits - Drs. Morgan, Davies and Hayes!]**





# Devon Local Medical Committees

## "Your Contract Your Future"

**Revised local presentations by the  
GPC National Negotiating Team**

**Friday 14<sup>th</sup> March at St Mellion Golf & Country Club  
& Tuesday 18<sup>th</sup> March at the Tiverton Hotel**

Organised jointly by the Devon LMC and the GPC Negotiating Team, these roadshow presentations are designed to update all GPs on the details and implications of the proposed new GP contract

Two presentations will be given at each location. We have also implemented the following arrangements with the various co-operatives across the county. Please note when your Co-operative starts cover and try to get to the relevant presentation. Tea, coffee & biscuits will be available.

### Friday 14 March 2003 – St Mellion Golf & Country Club:

#### 17:00 Presentation

- Baydoc Co-operative to operate from 15:00 hours

#### 19:30 Presentation

- Plymdoc Co-operative to operate from 18:00 hours
- Tavidoc to commence Message Handling Service from 18:00 hours
- Kingsbridge, Salcombe & Chillington Practices to commence MHS from 18:00 hours
- Primecare to commence as normal at 18:00 hours

### Tuesday 18 March 2003 – Tiverton Hotel:

#### 17:00 Presentation

- Wakleydoc & West Devon Co-operative to operate from 15:00 hours
- Iscadoc to operate from 16:00 hours

#### 19:30 Presentation

- Tarkadoc, Mid Devon and Templerdoc Co-operative to operate from 18:00 hours

